

## **FREQUENTLY ASKED QUESTIONS ABOUT DENTURES**

- 1. I have missing teeth/tooth and I want to get it replaced. Can I get dentures or are there other options?**



	<b>DENTAL IMPLANTS</b>	<b>BRIDGE</b>	<b>DENTURE</b>
<b>COST</b>	Highest	Medium	Lowest
<b>TREATMENT TIME</b>	8-10 weeks	1 week	1-2 weeks
<b>DURATION (LIFE SPAN)</b>	15-30 years	10-15 years	5 years
<b>STABILITY</b>	Very stable	Moderate	Less stable
<b>COMFORT</b>	Comfortable	Comfortable	Takes time to get used to
<b>INVASIVENESS</b>	Small surgery required	Adjacent natural teeth are cut/prepared	No surgery
<b>EFFECT ON CHEWING</b>	Like healthy natural teeth	Like healthy natural teeth	Slippage possible
<b>CHANGE IN SPEECH</b>	None	None	Yes
<b>BONE PRESERVATION</b>	Yes	No	No-promotes bone loss
<b>CONVENIENT CLEANING</b>	Yes	Poor	Yes
<b>REPLACEMENT</b>	Takes time to replace/difficult	Difficult	Easy to replace

- 2. How do I clean my denture?**

An acrylic denture can be cleaned with a denture cleaner (polydent). Or the denture can be soaked in water overnight to clean.

A valplast denture can be cleaned with water to remove any debris. It should be kept moist with a clean wet cotton to prevent shrinkage.

- 3. I've been wearing dentures for some time and now I have ulcers. What do I do?**

Sometimes if dentures are worn overnight irritation to the soft tissues can occur and this can cause ulcers. Also if you feel the dentures have some rough or sharp edges, these can cause ulcers too. Sometimes if the fit of the denture has changed it can cause ulcers too. You can come to see the dentist so he/she may provide the best treatment for the ulcers.

**4. Why should I not wear dentures to sleep?**

Wearing dentures overnight can cause irritation to the palate and soft tissues. This may lead to ulcers, white patches or redness. Therefore, it is advised not to use dentures to sleep.

**5. How much do dentures cost?**

	<b>FULL SET (UPPER OR LOWER)</b>	<b>PER TOOTH</b>
Acrylic denture	RM 1250	Base RM500 plus RM 50 per tooth
Cobalt-Chrome denture	RM 1600	Base RM850 plus RM 50 per tooth
Valplast denture	n/a	Base RM850 plus RM 50 per tooth