

## FREQUENTLY ASKED QUESTIONS ABOUT ORTHODONTICS

### 1. How much do braces cost? Can I pay in instalments?

Different orthodontic treatment has different prices. You pay 50% of the total cost when braces are fixed on and the rest of cost can be paid over the duration of the treatment.

### 2. What are the types of braces/orthodontic treatment offered here?

- Fixed Braces (metal and ceramic)



- Removable Braces



- Functional Appliances

A functional appliance may be a fixed or removable brace that works on the upper and lower teeth to help correct the position of the teeth and improve the bite. An example of a common functional appliance is the Twin Block appliance.



- Aligners

Aligners are clear, removable appliances designed to correct mild misalignment of the teeth. They are an alternative to traditional fixed braces for patients who require only minor tooth movements.

- **Lingual Braces**

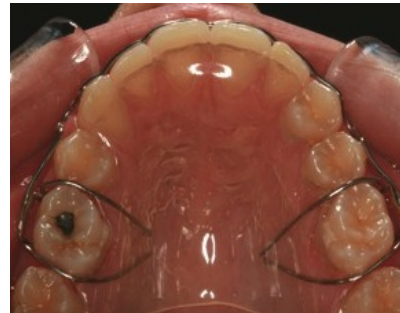
Lingual braces are braces that are fitted behind the teeth and are therefore completely hidden whilst the teeth are being straightened.



- **Retainers (fixed and removable)**



**Fixed retainer**



**Removable retainer**

- **Mouth guards**

When engaging in active and contact sports, a mouth guard should be worn to protect the braces, teeth and gums from any possible trauma.

**3. Do I have to come in for a consultation first?**

Yes. The dentist would have to look at your teeth to decide the best course of treatment.

**4. I got my braces removed and now my teeth have moved again, what do I do?**

You would have to come in for a consultation so the dentist can examine the state of your teeth and decide the next best step.

**5. How long does it take to complete the full treatment?**

Depending on the complexity of treatment it can take anytime between 1 to 2 and a half year.

**6. What is the suitable age for receiving orthodontic treatment?**

1<sup>st</sup> check-up is recommended at the age of 9 years. Orthodontic treatment is planned depending on whether intervention is needed that time or at a later age.