

FREQUENTLY ASKED QUESTIONS ABOUT GUM DISEASE-PERIODONTITIS

1. Every time I brush my teeth, my gums bleed. What should I do?

Bleeding gums can be caused by various reasons. First option can be to change to a soft bristled tooth brush. Avoid pressing the tooth brush too hard against the gums as this may injure the gums and cause bleeding.

If bleeding persists, it is best to consult the dentist for a check-up as it could be a symptom of gum disease. If treated early it can be reversed.

2. Food is getting stuck in my teeth, and I have bad breath. What do you suggest I do?

In order to remove food particles from your teeth it is advisable to brush and floss after every meal. Decaying food particles that have not been removed can cause bad breath.

Persistent bad breath can also be a symptom of gum disease.

3. What is gum disease?

Gum disease is an infection of the tissues, that hold your teeth in place. In its early stages, it is usually painless, and many people are not aware that they have it. But in more advanced stages, gum disease can lead to sore or bleeding gums, painful chewing problems, and even tooth loss.

4. What is gingivitis?

Gingivitis is inflammation of the gums. In gingivitis, the gums become red, swollen and can bleed easily. Gingivitis is a mild form of gum disease. It can usually be reversed with daily brushing and flossing, and regular cleaning by a dentist. This form of gum disease does not include any loss of bone and tissue that hold teeth in place.

5. What happens if I don't treat gum disease?

The consequences of gum disease are early tooth loss, mobility of teeth, gum recession, gum recession, halitosis (bad breath). Gum disease also affect general health. If treated early, it can be reversed. Prevention is better than cure.